



# Iowa City West Trojan Wrestling News



From the Coach's Corner

By Mark Reiland

December 5, 2009

## Newton Duals Tournament

### Varsity

The Trojan Wrestling Varsity team competed in the Newton Duals Tournament on Saturday, December 5, 2009, finishing 1<sup>st</sup> with a 4-0 record and improving to 5-0 on the season.

- **Round 1: #3-3A-IA Iowa City West** – Bye.
- **Round 2: #3-3A-IA Iowa City West 55** – Newton 15.
- **Round 3: #3-3A-IA Iowa City West 78** – Council Bluffs Thomas Jefferson 6.
- **Round 4: #3-3A-IA Iowa City West 63** – Johnston 9.
- **Round 5: #3-3A-IA Iowa City West 43** – #6-3A-IA Indianola 31.

Leading the way for the Trojans were **Kegan Wakefield, Jack Hathaway, Jon Skarda, Garrett Hathaway, Tracy Bowers, Nick Moore,** and **Mickey Pelfrey** with 4-0 records. **Sam Chalkley, Gradey Gambrell,** and **Jon Stegall** were all 3-1. **Colin Lord** and **Max Pelfrey** were 2-1, while **David Solis** finished 1-1 on the day.

- **103 – #3-103-3A Kegan Wakefield:** Finished 4-0 with two Falls, a Technical Fall and a Forfeit.
- **112 – #2-112-3A Jack Hathaway:** Finished 4-0 with two Falls and two Forfeits.
- **119 – #8-119-3A Jon Skarda:** Finished 4-0 with two Falls, a Technical Fall and a Forfeit.
- **125 – Sam Chalkley:** Finished 3-1 with two Major Decisions and a Forfeit.
- **130 – Colin Lord:** Finished 2-1 with a Major Decision and a Decision.
- **130 – Griffin Weihe:** Finished 0-1.
- **135 – #6-135-3A Garrett Hathaway:** Finished 4-0 with three Falls and a Forfeit.
- **140/145 – Tracy Bowers:** Finished 4-0 with two Falls and two Forfeits.
- **140/145 – #9-140-3A Gradey Gambrell:** Finished 3-1 with two Falls and a Forfeit.
- **152 – Jon Stegall:** Finished 3-1 with a Fall and two Decisions.
- **160 – #1-160-3A Nick Moore:** Finished 4-0 with a Fall, Major Decision, and two Forfeits.
- **171 – #4-171-3A David Solis:** Finished 1-1 with a Fall.
- **171/189 – Mike Watkins:** Finished 1-2 with a Fall.
- **189 – Sean Beasley:** Finished 1-2 with a Fall.
- **215 – A J Bailey:** Finished 0-1.
- **215/285 – #8-215-3A Mickey Pelfrey:** 4-0 with a Fall, a Decision, a Default, and a Forfeit.
- **285 – #9-285-3A Max Pelfrey:** 2-1 with a Decision and a Forfeit.

Check out the West High Wrestling Home page at [www.icwestwrestling.com](http://www.icwestwrestling.com).

Follow the Trojans on Facebook at [Iowa City West Wrestling & Iowa City West Trojan War Hammers](#).



# Iowa City West Trojan Wrestling News



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## Cedar Rapids Kennedy Junior Varsity Tournament

### Junior Varsity

The Trojan Wrestling Junior Varsity team traveled to Cedar Rapids Kennedy for a junior varsity tournament. Trojan wrestlers had a solid day with five Champions; **Jackson Fowler**, **Daniel Lin**, **Ezra Reiners**, **Emin Dizdar**, and **Grant Spading**. No team scores were kept. Results are as follows:

- **103 – Jackson Fowler:** Finished as Champion (2-0) with a Fall.
- **112 – Daniel Lin:** Finished as Champion (3-0) with a Fall.
- **119 – Jake Gorvin:** Finished in 2<sup>nd</sup> Place.
- **130 – Ezra Reiners:** Finished as Champion (2-0) with a Major Decision.
- **135 – Colin Williams:** Finished in 3<sup>rd</sup> Place.
- **140 – Emin Dizdar:** Finished as Champion (3-0) with a Fall and a Major Decision.
- **145 – Sean Dempsey:** Finished in 3<sup>rd</sup> Place.
- **145 – Kyle Johannsenn:** Finished in 4<sup>th</sup> Place.
- **152 – Jessie Peterson:** Finished in 4<sup>th</sup> Place.
- **160 – Sam McLeran:** Finished in 4<sup>th</sup> Place.
- **160 – Kyle Fehlberg:** Finished in 3<sup>rd</sup> Place.
- **171 – Ivan Zoluga:** Finished in 2<sup>nd</sup> Place.
- **189 – Cole Anderson:** Finished in 2<sup>nd</sup> Place.
- **215 – Grant Spading:** Finished as Champion (3-0) with two Falls.
- **285 – Gabe Garcia-Lair:** Finished in 2<sup>nd</sup> Place.

## Trojan War Hammer Youth Club Results

Six members of the Trojan Wrestling family competed in various youth club tournaments over the past weekend. Results are as follows:

### Montezuma, Iowa (12/05/09)

- **Jeremiah Collins:** 1st Place (3-0)
- **Ariel Collins:** 4th Place (1-3)

### Glenn Fecht, Cedar Falls, Iowa (12/06/09)

- **Jeremiah Collins:** 1st Place (3-0)
- **Ariel Collins:** 2nd Place (2-1)
- **Jared Brinkman:** 2nd Place (2-1)

### Wapello, Iowa (12/06/09)

- **Benjamin Emrich:** 1st Place (3-0)
- **Shea Swafford:** 1st Place (3-0)
- **Brennan Swafford:** 1st Place (3-0)

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Team Results					VARSITY SCHEDULE / RESULTS			
Round	Team 1	Team 2	Match Results		Date	Opponent	ICW Score	Opp. Score
			Team 1	Team 2				
Round 1	#3-3A Iowa City West	Bye			12/3	Cedar Rapids Jefferson	66	3
Mat 1	Newton	#6-3A Indianola	6	64	12/5	@ Newton Dual Tournament		
Mat 2	Johnston	C B Thomas Jefferson	51	18		Newton	55	15
Round 2	Johnston					Council Bluffs Thomas Jefferson	78	6
Mat 1	#3-3A Iowa City West	Newton	55	15		Johnston	63	9
Mat 2	#6-3A Indianola	C B Thomas Jefferson	72	3		#6-3A Indianola	43	31
Round 3	Newton				12/12	@ Cedar Rapids Dual Tournament		
Mat 1	#6-3A Indianola	Johnston	57	12		Marshalltown		
Mat 2	#3-3A Iowa City West	C B Thomas Jefferson	78	6		Mason City		
Round 4	#6-3A Indianola					#2-3A Bettendorf		
Mat 1	Newton	C B Thomas Jefferson	58	18		#1-3A Waverly Shell Rock		
Mat 2	#3-3A Iowa City West	Johnston	63	9	12/17	@ Linn-Mar		
Round 5	C B Thomas Jefferson				12/19	@ Waukee Duals		
Mat 1	Newton	Johnston	39	36		Round 1		
Mat 2	#3-3A Iowa City West	#6-3A Indianola	43	31		Round 2		
						Round 3		
						Round 4		
						Round 5		

Weight Class	Wrestler	Highlights	Event		Year-to-Date		Date	Tournament
			Win	Loss	Win	Loss		
103	#3-103-3A Kegan Wakefield	2 Falls, Tech Fall, & Forfeit	4	0	5	0	12/21	@ Al Dvorak Inviational Tournament
112	#2-112-3A Jack Hathaway	2 Falls & 2 Forfeits	4	0	5	0	1/7	@ Iowa City High
119	#8-119-3A Jon Skarda	2 Falls, Tech Fall, & Forfeit	4	0	5	0	1/9	Iowa City West Lepic Duals
125	Sam Chalkley	2 Majors & Forfeit	3	1	3	2		Round 1
130	Colin Lord	Major & Decision	2	1	3	1		Round 2
130	Griffin Weihe		0	1	1	1		Round 3
135	#6-135-3A Garrett Hathaway	3 Falls & Forfeit	4	0	5	0		Round 4
140/145	#9-140-3A Gradey Gambrall	2 Falls & Forfeit	3	1	4	1		Round 5
140/145	Tracy Bowers	2 Falls & 2 Forfeits	4	0	5	0	1/14	Cedar Rapids Kennedy
152	Jon Stegall	Fall & 2 Decisions	3	1	5	0	1/16	@ Osage Tournament
160	#1-160-3A Nick Moore	Fall, Major, & 2 Forfeits	4	0	5	0	1/21	@ Cedar Rapids Xavier
171	#4-171-3A David Solis	Fall	1	1	1	1	1/23	@ Ed Winger Classic Tournament
171/189	Mike Watkins	Fall	1	2	2	2	1/28	Dubuque Walhert
189	Sean Beasley	Fall	1	2	2	2		Keokuk
215	A J Bailey		0	1	0	1	1/30	@ MVC Tournament
215/285	#8-215-3A Mickey Pelfrey	Fall, Decision, Default, & For	4	0	5	0	2/4	@ Dubuque Hempstead
285	#9-285-3A Max Pelfrey	Decision & Forfeit	2	1	3	1		@ Waterloo West
							2/13	@ Iowa District Tournament
							2/17	@ Iowa State Individual Tournament
							2/23	Iowa State Regional Dual Meet
							2/27	@ Iowa State Dual Tournament

Newton Duals - Round 2						
Teams Weight	Iowa City West Trojans	Newton Cardinals	Match Results		Team Points	
			Score	Time	Trojans	Cardinals
103	#3-103-3A Kegan Wakefield	Tanner Hell	18-1		5	
112	#2-112-3A Jack Hathaway		Forfeit		6	
119	#8-119-3A Jon Skarda	Alex Spangenburg	Fall	3:55	6	
125	Sam Chalkley	Devin Miller	13-3		4	
130	Colin Lord	Blake Tish	10-2		4	
*135*	#6-135-3A Garrett Hathaway		Forfeit		6	
140	Tracy Bowers	Zach Malloy	Fall	0:35	6	
145	#9-140-3A Gradey Gambrall	Chase Eggers	4-3 SV2			3
152	Jon Stegall	Brandon Tish	7-3		3	
160	#1-160-3A Nick Moore		Forfeit		6	
171	Mike Watkins	#9-171-3A Evan Rethmeier	Fall	3:03		6
189	Sean Beasley	Tim Patton	Fall	4:45		6
215	#8-215-3A Mickey Pelfrey	Joe Brock	Fall	1:14	6	
285	#9-285-3A Max Pelfrey	Ragan Brock	3-2		3	
* Starting weight and winners in Bold			Final Team Score		55	15

Iowa City West "Trojans"		
Varsity Season Record	Won	Lost
Overall Record	5	0
MVC Conference	1	0
MVC Divisional *	0	0

Iowa City West "Trojans"		
Junior Varsity Season Record	Won	Lost
Overall Record	1	0
MVC Conference	1	0
MVC Divisional *	0	0



Newton Duals - Round 3							VARSITY SCHEDULE / RESULTS				
Teams Weight	Iowa City West Trojans	C B Thomas Jefferson ?	Match Results		Team Points		Date	Opponent	ICW Score	Opp. Score	
			Score	Time	Trojans	?					
103	#3-103-3A Kegan Wakefield		Forfeit		6		12/3	Cedar Rapids Jefferson	66	3	
112	#2-112-3A Jack Hathaway		Forfeit		6		12/5	@ Newton Dual Tournament			
119	#8-119-3A Jon Skarda		Forfeit		6			Newton	55	15	
125	Sam Chalkley		Forfeit		6			Council Bluffs Thomas Jefferson	78	6	
130	Griffin Weihe	#6-130-3A Duane Richardson	Fall	0:51		6		Johnston	63	9	
135	#6-135-3A Garrett Hathaway	Michael Wallace	Fall	1:30	6			#6-3A Indianola	43	31	
*140*	#9-140-3A Gradey Gambrell	Josh Skou	Fall	0:38	6		12/12	@ Cedar Rapids Dual Tournament			
145	Tracy Bowers	Sean Wahle	Fall	3:01	6			Marshalltown			
152	Jon Stegall	Aron Taggart	Fall	3:00	6			Mason City			
160	#1-160-3A Nick Moore	Cody Hammers	Fall	1:08	6			#2-3A Bettendorf			
171	#4-171-3A David Solis	Mitchell Rounds	Fall	0:22	6			#1-3A Waverly Shell Rock			
189	Mike Watkins	Derek Bazer	Fall	1:15	6		12/17	@ Linn-Mar			
215	#8-215-3A Mickey Pelfrey		Forfeit		6		12/19	@ Waukee Duals			
285	#9-285-3A Max Pelfrey		Forfeit		6			Round 1			
* Starting weight and winners in Bold					<b>Final Team Score</b>		<b>78</b>	<b>6</b>	Round 2		
Round 3											
Round 4											
Round 5											
Newton Duals - Round 4							VARSITY SCHEDULE / RESULTS				
Teams Weight	Iowa City West Trojans	Johnston Dragons	Match Results		Team Points		Date	Opponent	ICW Score	Opp. Score	
			Score	Time	Trojans	Dragons					
103	#3-103-3A Kegan Wakefield	Matt Gibbons	Fall	1:40	6		12/21	@ Al Dvorak Inviational Tournament			
112	#2-112-3A Jack Hathaway	Stephen Shaffer	Fall	0:54	6		1/7	@ Iowa City High			
119	#8-119-3A Jon Skarda	Logan Walkup		16-1	5			Iowa City West Lepic Duals			
125	Sam Chalkley	Dakota Jackson		14-2	4			Round 1			
130	Colin Lord	Alex Richards		4-3	3			Round 2			
135	#6-135-3A Garrett Hathaway	Ryan Lower	Fall	1:03	6			Round 3			
140	Tracy Bowers		Forfeit		6		1/14	Round 4			
*145*	#9-140-3A Gradey Gambrell		Forfeit		6		1/16	Round 5			
152	Jon Stegall	Luke Bubeck		7-5	3		1/21	Cedar Rapids Kennedy			
160	#1-160-3A Nick Moore		Forfeit		6		1/23	@ Osage Tournament			
171	Mike Watkins	Thomas Dooley		6-12		3	1/28	@ Cedar Rapids Xavier			
189	Sean Beasley	Nik Tucker	Fall	1:25	6			@ Ed Winger Classic Tournament			
215	#8-215-3A Mickey Pelfrey	Sean Lau	Default		6		1/30	Dubuque Walhert			
285	#9-285-3A Max Pelfrey	#2-215-3A Joe Scanlan	Fall	0:55		6	2/4	Keokuk			
* Starting weight and winners in Bold					<b>Final Team Score</b>		<b>63</b>	<b>9</b>	@ MVC Tournament		
2/13 @ Waterloo West											
2/17 @ Iowa District Tournament											
2/17 @ Iowa State Individual Tournament											
2/23 Iowa State Regional Dual Meet											
2/27 @ Iowa State Dual Tournament											
Quarterfinals											
Semi-Finals											
Finals											
Newton Duals - Round 5							VARSITY SCHEDULE / RESULTS				
Teams Weight	Iowa City West Trojans	Indianola Indians	Match Results		Team Points		Date	Opponent	ICW Score	Opp. Score	
			Score	Time	Trojans	Indians					
103	#3-103-3A Kegan Wakefield	Matt Victor	Fall	1:11	6						
112	#2-112-3A Jack Hathaway	Jake Howard	Fall	3:51	6						
119	#8-119-3A Jon Skarda	Lyndon Wells	Fall	0:45	6						
125	Sam Chalkley	Wade Edgington		0-9		4					
130	Colin Lord	#7-130-3A Vinny Gomez	Fall	0:51		6					
135	#6-135-3A Garrett Hathaway	Jake Powers	Fall	1:30	6						
140	#9-140-3A Gradey Gambrell	Mark Miller	Fall	0:38	6						
145	Tracy Bowers		Forfeit								
*152*	Jon Stegall	#2-145-3A Cody Swim	Fall	1:30		6					
160	#1-160-3A Nick Moore	#2-160-3A Spencer BeLieu		19-6	4						
171	#4-171-3A David Solis	Trey Henderson	Fall	1:38		6					
189	Sean Beasley	#4-189-3A Brandon Abernathy	Fall	1:28		6					
215	A J Bailey	#7-215-3A Kyle O'Mara		2-7		3					
285	#8-215-3A Mickey Pelfrey	Josh Webb		3-0		3					
* Starting weight and winners in Bold					<b>Final Team Score</b>		<b>37</b>	<b>31</b>			

Iowa City West "Trojans"		
Varsity Season Record	Won	Lost
Overall Record	5	0
MVC Conference	1	0
MVC Divisional *	0	0

Iowa City West "Trojans"		
Junior Varsity Season Record	Won	Lost
Overall Record	1	0
MVC Conference	1	0
MVC Divisional *	0	0