



# Iowa City West Trojan Wrestling News



From the Coach's Corner

By **Mark Reiland**

January 19, 2009

## MVC Dual Meet – Linn-Mar

### Varsity

In a rare Monday night dual meet, the Trojan Varsity Wrestling team hosted the Linn-Mar Lions in Mississippi Valley Conference (MVC) action. The meet was originally scheduled for December 18 but was postponed due to weather. Jack Hathaway, ranked 8<sup>th</sup> in 3A, highlighted the evening's 68-3 victory with a major decision over 10<sup>th</sup> ranked Greg Keating. Trojan wrestlers are 4-0 in the MVC and 21-2 overall.

- **103 – Jack Hathaway:** Wins by Major Decision over 10<sup>th</sup> Ranked Greg Keating and is ranked 8<sup>th</sup> with a 25-3 record.
- **112 – John Skarda:** Wins by Fall over Mitch Greer and has a 15-9 record.
- **119 – Hunter St. John:** Wins by Forfeit and has a 15-11 record.
- **125 – Colin Lord:** Wins by Forfeit and has a 6-4 record.
- **130 – Garrett Hathaway:** Wins by Fall over Derek Turner and has a 21-9 record.
- **135 – Tracy Bowers:** Wins by Fall over Tanner Regenwether and has a 12-12 record.
- **140 – Justin Koethe:** Wins by Forfeit and is ranked 7<sup>th</sup> with a 25-5 record.
- **145 – Dylan Carew:** Wins by Fall over Caleb Vogel and is ranked 1<sup>st</sup> with a 12-1 record.
- **152 – #1 Nick Moore:** Wins by Fall over Mitchel Wantock and is ranked 1<sup>st</sup> with a 27-0 record.
- **160 – #1 Derek St. John:** Wins by Fall over Mark Atwater and is ranked 1<sup>st</sup> with a 27-0 record.
- **171 – David Solis:** Wins by Decision over Jacob Pederson and has a 16-8 record.
- **189 – Berkley Strand:** Wins by Major Decision over Marshall Thorp and has a 6-4 record.
- **215 – #5 Matt Behnami:** Lose by Decision to Michael Green and is ranked 5<sup>th</sup> with a 18-10 record.
- **285 – Brandon Kuehl:** Wins by Decision over Macquely Mahmens and has a 7-11 record.

Iowa City West will compete in the Ed Winger Invitational wrestling tournament in Urbandale, Iowa on January 24.

This 16-team individual tournament will feature 6 of the states top 10 individual tournament teams as ranked by the Predicament on January 8, 2009. Ranked teams include #2-3A-IA Iowa City West, #3-3A-IA Des Moines Roosevelt, #4-3A-IA Southeast Polk, #5-3A-IA Urbandale, #6-3A-IA Indianola, and #8-3A-IA North Scott. Filling out the field will be Class 3A teams including Ames, Bettendorf, Burlington, Cedar Falls, Council Bluffs Thomas Jefferson, Davenport West, Dowling Catholic, and Fort Madison as well as Class 2A teams Centerville and Dallas Center-Grimes.

Check out the new West High Wrestling Home page at [www.icwestwrestling.com](http://www.icwestwrestling.com).



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### Junior Varsity

Conference action resumed with the Trojan Wrestling Junior Varsity team hosting the Linn-Mar Lions. Iowa City West won the junior varsity dual meet 42-24. The Trojans won nine of twelve junior varsity bouts as well as five of seven exhibition matches on the night. Trojan wrestlers are 3-1 in the MVC and 3-1 overall.

- **103 – Griffin Weihe:** Had two Falls and has a 11-1 record.
- **125 – Ben Goerd:** Wins by Decision in Sudden Victory and has a 5-5 record.
- **x125 – Andrew Topping:** Wins by Decision and has a 7-2 record.
- **x125 – Emin Dizdar:** Wins by Fall and has a 2-2 record.
- **130 – Sam Chalkley:** Wins by Fall and has a 6-5 record.
- **135 – Chris Narvaez:** Wins by Decision and has a 8-7 record.
- **140 – Adam Millers:** Lose by Fall and has a 6-8 record.
- **x140 – Dan Metz:** Lose by Fall and has a 3-3 record.
- **145 – AJ Bailey:** Wins by Decision and has a 16-11 record.
- **152 – Jon Stegall:** Wins by Fall and has a 11-2 record.
- **x152 – Kris Knight:** Wins by Fall and has a 5-3 record.
- **160 – Mike Watkins:** Lose by Decision in Sudden Victory and has a 3-4 record.
- **x160 – Ivan Zoluaga:** Lose by Decision and has a 3-5 record.
- **171 – Sean Beasley:** Lose by Decision and has a 2-8 record.
- **x171 – Cole Anderson:** Won by Fall and has a 5-5 record.
- **189 – Dexter Curry:** Wins by Fall and has a 9-10 record.
- **.215 – Gabe Garcia-Lair:** Wins by Fall and has a 5-7 record.
- **285 – Alejandro Garcia-Lair:** Wins by Fall and has a 3-2 record.

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