



Iowa City West Trojan Wrestling News



From the Coach's Corner

By Mark Reiland

January 3, 2008

The Clash 7

The Trojan Wrestling Varsity team competed in The Clash 7 dual team wrestling tournament on Friday, January 2 and Saturday, January 3, 2008, at University Center Field House in Rochester, Minnesota. This 32 team tournament included 15 listed on Amateur Wrestling News (AWN) Prep 40, which ranks the top forty high school teams in the nation.

On the first day of competition, the AWN 17th ranked Iowa City West Trojans finished 5th in Bracket A. The Trojans were upset in the opening round of competition by Perham, Minnesota. After the slow start, the Trojans rebounded with a solid defeat of Vacaville, California. In the final Bracket A dual, the Trojans beat AWN 36th ranked Brown High School from Sturgis, South Dakota in a dual that was decided by tie breaker 3 criteria, more 6-point victories. Iowa City West had three 6-point victories with two falls and a forfeit verses Browns two falls.

Based the Bracket A finish, the Trojans finished 1st in Division 5 during the second day of competition. In the first dual of the day, the Trojans beat Neuqua Valley High School from Naperville, Illinois. Then, The Iowa City West defeated AWN 20th ranked Skutt Catholic High School from Omaha, Nebraska. In the Division 5 finals, the Trojans avenged their early season loss by beating AWN 25th Ranked Waverly Shell Rock.

Day 1: Bracket A – 5th Place:

- **Round 1: Iowa City West 30** – #2-2A-MN Perham, Minnesota 34.
- **Round 2: Iowa City West 57** – #7-CA Vacaville, California 7.
- **Round 3: Iowa City West 31** – #36-AWN & #1-A-SD Brown, Sturgis, South Dakota 31.
 - Iowa City West defeats Brown on Criteria 3 – More six point matches (3 to 2).

Day 2: Division 5 - Champions:

- **Round 1: Iowa City West 40** – #4-2A-IL Neuqua Valley, Naperville, Illinois 21.
- **Round 2: Iowa City West 39** – #20-AWN & #1-B-NE Skutt Catholic, Omaha, Nebraska 32.
- **Round 3: Iowa City West 36** – #25-AWN & #1-3A-IA Waverly Shell Rock 25.

Nineteen Trojan Wrestlers saw action in the two-day tournament. Six wrestlers finished with unblemished records, including **Dylan Carew, Nick Moore, Derek St. John, Jack Hathaway, Colin Lord,** and **Griffin Weihe.**

Dylan, ranked #3 nationally by AWN, was 6-0 and named to the All-Tournament team as the Outstanding Wrestler in the 145 weight class. Nick, ranked #3 nationally, was 6-0 with four falls and 2 major decisions. Nick also notched his 100th career victory during the weekend. Derek, ranked #1 nationally, was also 6-0 and had an impressive win over Nick Proctor (Neuqua Valley, IL) along with two falls. While he did not give-up an offense point in the tournament, he was likely overlooked for the All-Tournament Team since three teams decided to forfeit to him.

Check out the new West High Wrestling Home page at www.icwestwrestling.com.



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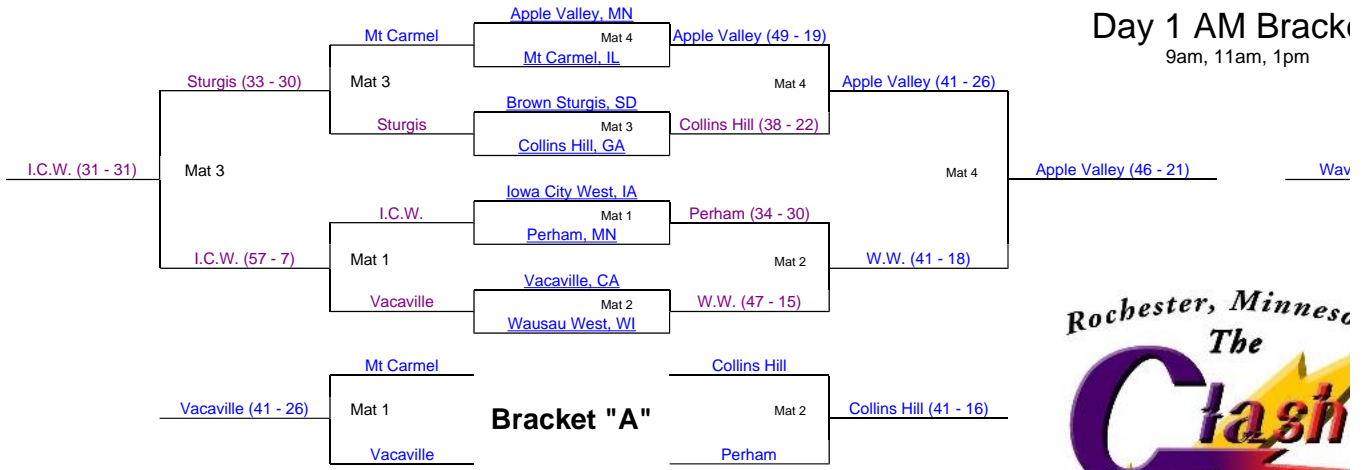
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Jack was 5-0 with nice wins over Thomas Gilman (Omaha Scutt via Council Bluffs) and Tanner Werner (Waverly Shell Rock). West's alternate wrestler, Griffin Weihe was 1-0 received a forfeit against Neuqua Valley, Illinois. If Jack had received the forfeit, he would have been 6-0 for the tournament, qualifying for consideration to the all-tournament team. Colin Lord was 1-0 with a decision.

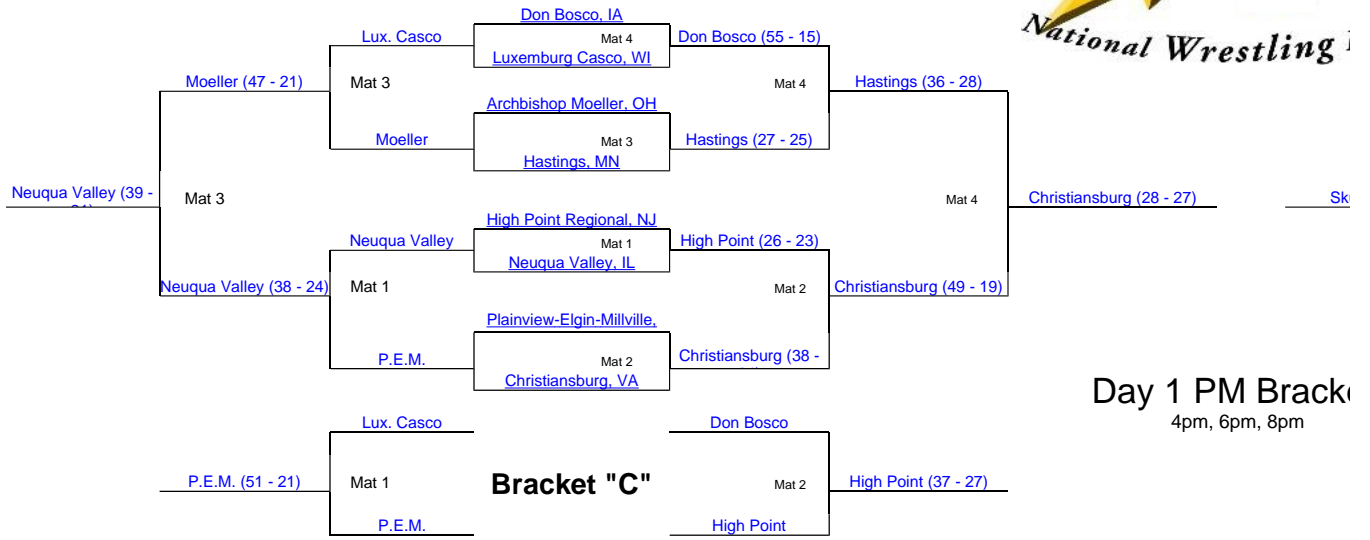
Garrett Hathaway was 4-2 for the tournament with 4 decisions, advenging an early season loss by defeating 10th ranked Luke Pint of Waverly Shell Rock. **Justin Koethe** was also 4-2 defeating the South Dakota's #1 ranked wrestler Rex Lyon. **Hunter St. John** and **Matt Behnami** both finished with 3-3 records while **David Solis** finished with a 2-2 record.

- **103 – Jack Hathaway:** 5-0 record with 3 Falls and 2 Decisions.
- **103 – Griffin Weihe:** 1-0 record with a Forfeit.
- **112 – John Skarda:** 2-3 record with 2 Decisions.
- **119 – Hunter St. John:** 3-3 record with a Fall, a Major Decision, and a Decision.
- **125 – Gradey Gambrell:** 2-3 record with a Fall and Technical Fall.
- **125 – Colin Lord:** 1-0 record with a Decision.
- **130 – Garrett Hathaway:** 4-2 record with 4 Decisions.
- **130 & 135 – Tracy Bowers:** 0-3 record.
- **135 & 140 – Justin Koethe:** 4-2 record with 2 Fall, a Technical Fall, and a Decision.
- **140 & 145 – AJ Bailey:** 2-4 record with 2 Falls.
- **145 & 152 – Dylan Carew:** 6-0 record with 4 Falls and 2 Decisions.
- **152 & 160 – Nick Moore:** 6-0 record with 4 Falls and 2 Major Decisions.
- **160 & 171 – Derek St. John:** 6-0 record with 2 Falls, a Major Decision, and 3 Forfeits.
- **171 & 189 – David Solis:** 2-2 record with 2 Decisions.
- **189 – Berkley Strand:** 1-2 record with a Fall.
- **189 & 215 – Dexter Curry:** 0-3 record.
- **215 & 285 – Matt Behnami:** 3-3 record with a Fall and two Decisions.
- **285 – Brandon Kuehl:** 1-1 record with a Fall.
- **285 – Dan Downing:** 0-3 record.

Day 1 AM Bracket
9am, 11am, 1pm



Day 1 PM Bracket
4pm, 6pm, 8pm



Clash - Day Two Brackets

Championship Bracket			
1 Apple Valley	3-0	1st: Apple Valley	
5 Christiansburg	1-2	2nd: Simley	
7 Simley	1-2	3rd: Ballard Huxley	
3 Ballard Huxley	1-2	4th: Christiansburg	
Apple Valley		Simley	
d2a1	Mat 4 - 4pm	d2a2	Mat 6 - 4pm
Christiansburg	Apple Valley (40 - 19)	Ballard Huxley	Simley (37 - 26)
Apple Valley		Simley	
d2a3	Mat 4 - 6pm	d2a4	Mat 6 - 6pm
Ballard Huxley	Apple Valley (49 - 24)	Christiansburg	Christiansburg (29 - 25)
Apple Valley		Ballard Huxley	
d2a5	Mat 4 - 8pm	d2a6	Mat 6 - 8pm
Simley	Apple Valley (54 - 12)	Christiansburg	Ballard (45 - 19)

0

Second Bracket			
8 Wausau West	1-2	1st: Montini Catholic	
13 Hastings	1-2	2nd: St Edward	
2 St Edward	2-1	3rd: Wausau West	
6 Montini Catholic	2-1	4th: Hastings	
Wausau West		St Edward	
d2b1	Mat 3 - 4pm	d2b2	Mat 5 - 4pm
Hastings	W.W. (34 - 18)	Montini Catholic	Montini (34 - 33)
Wausau West		St Edward	
d2b3	Mat 3 - 6pm	d2b4	Mat 5 - 6pm
Montini Catholic	Montini (30 - 23)	Hastings	St Edward (40 - 25)
Wausau West		Montini Catholic	
d2b5	Mat 3 - 8pm	d2b6	Mat 5 - 8pm
St Edward	St Edward (35 - 26)	Hastings	Hastings (30 - 24)

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Third Bracket			
16 Collins Hill	2-1	1st: Wisconsin Rapids	
12 High Point Regional	2-1	2nd: High Point Regional	
18 St Michael Albertville	0-3	3rd: Collins Hill	
14 Wisconsin Rapids	2-1	4th: St Michael Albertville	
Collins Hill		St Michael Albertville	
d2c1	Mat 7 - 4pm	d2c2	Mat 8 - 4pm
High Point Regional	High Point (30 - 23)	Wisconsin Rapids	Wisc. Rapids (30 - 24)
Collins Hill		St Michael Albertville	
d2c3	Mat 7 - 6pm	d2c4	Mat 8 - 6pm
Wisconsin Rapids	Collins Hill (31 - 27)	High Point Regional	High Point (35 - 26)

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Collins Hill	Wisconsin Rapids
d2c5 Mat 7 - 8pm St Michael Albertville	d2c6 Mat 8 - 8pm High Point Regional
Collins Hill (41 - 21)	Wisc. Rapids (36 - 27)

Fourth Bracket

24 Perham 0-3	1st: Roseburg
4 Don Bosco 2-1	2nd: Don Bosco
23 Glenbard North 1-2	3rd: Glenbard North
11 Roseburg 3-0	4th: Perham

Perham	Glenbard North
d2d1 Mat 1 - 4pm Don Bosco	d2d2 Mat 2 - 4pm Roseburg
Don Bosco (42 - 19)	Roseburg (37 - 23)

Perham	Glenbard North
d2d3 Mat 1 - 6pm Roseburg	d2d4 Mat 2 - 6pm Don Bosco
Roseburg (48 - 16)	Don Bosco (28 - 22)

Perham	Roseburg
d2d5 Mat 1 - 8pm Glenbard North	d2d6 Mat 2 - 8pm Don Bosco
GBN (32 - 28)	Roseburg (42 - 24)

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Fifth Bracket

9 Iowa City West 3-0	1st: Iowa City West
21 Neuqua Valley 0-3	2nd: Waverly Shellrock
10 Waverly Shellrock 2-1	3rd: Skutt Catholic
19 Skutt Catholic 1-2	4th: Neuqua Valley

Iowa City West	Waverly Shellrock
d2e1 Mat 4 - 9am Neuqua Valley	d2e2 Mat 6 - 9am Skutt Catholic
I.C.W. (40 - 21)	Waverly (43 - 31)

Iowa City West	Waverly Shellrock
d2e3 Mat 4 - 11am Skutt Catholic	d2e4 Mat 6 - 11am Neuqua Valley
I.C.W. (39 - 32)	Waverly (41 - 31)

Iowa City West	Skutt Catholic
d2e5 Mat 4 - 1pm Waverly Shellrock	d2e6 Mat 6 - 1pm Neuqua Valley
I.C.W. (36 - 25)	Skutt (37 - 27)

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Sixth Bracket

17 Brown Sturgis 3-0	1st: Brown Sturgis
20 Archbishop Moeller 0-3	2nd: Blue Springs
31 Kenyon Wanamingo 1-2	3rd: Kenyon Wanamingo
22 Blue Springs 2-1	4th: Archbishop Moeller

Brown Sturgis	Kenyon Wanamingo
d2f1 Mat 3 - 9am Archbishop Moeller	d2f2 Mat 5 - 9am Blue Springs
Sturgis (43 - 27)	Blue Springs (37 - 27)

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Brown Sturgis d2f3 Mat 3 - 11am Blue Springs	_____ Sturgis (29 - 22)	Kenyon Wanamingo d2f4 Mat 5 - 11am Archbishop Moeller	_____ K.W. (31 - 31)
Brown Sturgis d2f5 Mat 3 - 1pm Kenyon Wanamingo	_____ Sturgis (39 - 17)	Blue Springs d2f6 Mat 5 - 1pm Archbishop Moeller	_____ Blue Springs (46 - 24)

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Seventh Bracket

25 Vacaville 1-2 28 Plainview-Elgin- 3-0 15 Kaukauna 2-1 30 Kasson Mantorville 0-3	1st: Plainview-Elgin Millville 2nd: Kaukauna 3rd: Vacaville 4th: Kasson Mantorville		
Vacaville d2g1 Mat 7 - 9am Plainview-Elgin-Millville	_____ P.E.M. (48 - 18)	Kaukauna d2g2 Mat 8 - 9am Kasson Mantorville	_____ Kaukauna (36 - 24)
Vacaville d2g3 Mat 7 - 11am Kasson Mantorville	_____ Vacaville (29 - 25)	Kaukauna d2g4 Mat 8 - 11am Plainview-Elgin-Millville	_____ P.E.M. (45 - 20)
Vacaville d2g5 Mat 7 - 1pm Kaukauna	_____ Kaukauna (41 - 13)	Kasson Mantorville d2g6 Mat 8 - 1pm Plainview-Elgin-Millville	_____ P.E.M. (47 - 13)

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Eighth Bracket

32 Mt Carmel 0-3 29 Luxemburg Casco 1-2 26 Ponderosa 2-1 27 Albert Lea 3-0	1st: Albert Lea 2nd: Ponderosa 3rd: Luxemburg Casco 4th: Mt Carmel		
Mt Carmel d2h1 Mat 1 - 9am Luxemburg Casco	_____ Lux. Casco (36 - 26)	Ponderosa d2h2 Mat 2 - 9am Albert Lea	_____ Albert Lea (43 - 22)
Mt Carmel d2h3 Mat 1 - 11am Albert Lea	_____ Albert Lea (30 - 28)	Ponderosa d2h4 Mat 2 - 11am Luxemburg Casco	_____ Ponderosa (37 - 30)
Mt Carmel d2h5 Mat 1 - 1pm Ponderosa	_____ Ponderosa (37 - 36)	Albert Lea d2h6 Mat 2 - 1pm Luxemburg Casco	_____ Albert Lea (55 - 18)

Team Result:	Perham	over	Iowa City West	34 - 30	
Individual Results:					Notes
215 Casey Sazama	Perham	fall	Matt Behnami	Iowa City West	1:28
285 Jesse Hein	Perham	decision	Daniel Downing	Iowa City West	5 - 1
103 Jack Hathaway	Iowa City West	fall	Jacob Guehna	Perham	2:49
112 Andrew Gorentz	Perham	major decision	Jon Skarda	Iowa City West	14 - 4
119 Isaac Werner	Perham	fall	Hunter St John	Iowa City West	3:46
125 Jacob Werner	Perham	fall	Gradey Gambrall	Iowa City West	5:06
130 Sam Warne	Perham	decision	Garrett Hathaway	Iowa City West	7 - 3
135 Justin Koethe	Iowa City West	technical fall	Joe Berns	Perham	15 - 0 0:00
140 Dwight Jenne	Perham	decision	A.J. Bailey	Iowa City West	7 - 6
145 Dylan Carew	Iowa City West	fall	Gavin Biegler	Perham	2:54
152 Nick Moore	Iowa City West	major decision	Charlie Schmitz	Perham	12 - 4
160 Derek St John	Iowa City West	fall	Chris Scheidecker	Perham	0:57
171 David Solis	Iowa City West	decision	Sam Meyer	Perham	11 - 5
189 Nathan Schmitz	Perham	decision	Berkley Strand	Iowa City West	3 - 0

Team Result:	Iowa City West	over	Vacaville	57 - 7		
Individual Results:				Notes		
285	Brandon Kuehl	Iowa City West	fall	Jordan Taylor	Vacaville	1:21
103	Jack Hathaway	Iowa City West	fall	Matt Smith	Vacaville	0:49
112	John Fife	Vacaville	major decision	Jon Skarda	Iowa City West	13 - 3
119	Hunter St John	Iowa City West	fall	Matt Banks	Vacaville	4:46
125	Colin Lord	Iowa City West	decision	Cameron Lane	Vacaville	6 - 3
130	Garrett Hathaway	Iowa City West	decision	Sergio Blestcher	Vacaville	3 - 2
135	Justin Koethe	Iowa City West	fall	Tyler Spencer	Vacaville	1:35
140	A.J. Bailey	Iowa City West	fall	Garrett Walton	Vacaville	3:00
145	Dylan Carew	Iowa City West	decision	Taylor Hodel	Vacaville	10 - 3
152	Nick Moore	Iowa City West	fall	Steven Brazet	Vacaville	0:56
160	Derek St John	Iowa City West	fall	Adam Delagarza	Vacaville	3:46
171	David Solis	Iowa City West	decision	Hudson Buck	Vacaville	6 - 2
189	Kevin Keisler	Vacaville	decision	Dexter Curry	Iowa City West	11 - 5
215	Matt Behnami	Iowa City West	decision	John Schupp	Vacaville	7 - 5

Team Result:	Iowa City West	over	Brown Sturgis	31 - 31
Individual Results:				Notes
103 Jack Hathaway	Iowa City West	fall	Tanner Bothwell	Brown Sturgis 1:20
112 Jon Skarda	Iowa City West	decision	Cody Cassen	Brown Sturgis 4 - 0
119 Josh Keszler	Brown Sturgis	major decision	Hunter St John	Iowa City West 13 - 4
125 Seth Lange	Brown Sturgis	technical fall	Gradey Gambrell	Iowa City West 16 - 1 5:20
130 Jason Duprel	Brown Sturgis	fall	Tracy Bowers	Iowa City West 1:44
135 Nate Wilson	Brown Sturgis	fall	Garrett Hathaway	Iowa City West 1:25
140 Justin Koethe	Iowa City West	decision	Rex Lyon	Brown Sturgis 9 - 5
145 Kyle Kopplin	Brown Sturgis	major decision	A.J. Bailey	Iowa City West 10 - 0
152 Dylan Carew	Iowa City West	fall	Drew Hunt	Brown Sturgis 3:16
160 Nick Moore	Iowa City West	major decision	Sheldon Larsen	Brown Sturgis 18 - 6
171 Derek St John	Iowa City West	forfeit		
189 Clint Wilson	Brown Sturgis	decision	Berkley Strand	Iowa City West 8 - 5
215 Matt Behnami	Iowa City West	decision	Jake Stygles	Brown Sturgis 3 - 0
285 Chris Vinson	Brown Sturgis	decision	Brandan Kuehl	Iowa City West 12 - 7

Draw resolved by 3rd team Criteria

Team Result:	Iowa City West	over	Neuqua Valley		40 - 21	
Individual Results:						Notes
112	Matt Cavallaris	Neuqua Valley	major decision	Jon Skarda	Iowa City West	11 - 3
119	Hunter St John	Iowa City West	major decision	Jon Ballew	Neuqua Valley	13 - 3
125	Gradey Gambrall	Iowa City West	technical fall	Julian Ochoa	Neuqua Valley	20 - 5 5:59
130	Garrett Hathaway	Iowa City West	decision	Jon Klein	Neuqua Valley	6 - 0
135	Justin Koethe	Iowa City West	fall	Austin Barton	Neuqua Valley	1:23
140	Andy Spangler	Neuqua Valley	major decision	A.J. Bailey	Iowa City West	13 - 1
145	Dylan Carew	Iowa City West	fall	PJ Serio	Neuqua Valley	0:55
152	Nick Moore	Iowa City West	fall	Luke Pigott	Neuqua Valley	0:33
160	Derek St John	Iowa City West	major decision	Nick Proctor	Neuqua Valley	11 - 1
171	Dan Burk	Neuqua Valley	decision	David Solis	Iowa City West	6 - 4
189	Alex Zozulia	Neuqua Valley	major decision	Dexter Curry	Iowa City West	18 - 5
215	Mike Zozulia	Neuqua Valley	decision	Matt Behnami	Iowa City West	4 - 3
285	Chris Dawson	Neuqua Valley	decision	Daniel Downing	Iowa City West	5 - 1
103	Griffin Weihe	Iowa City West	forfeit			

Team Result:	Iowa City West	over	Skutt Catholic	39 - 32	
Individual Results:					Notes
119 Hunter St John	Iowa City West	decision	Grant Randall	Skutt Catholic	10 - 6
125 Gradey Gambrall	Iowa City West	fall	Zane Sackett	Skutt Catholic	1:38
130 Garrett Hathaway	Iowa City West	decision	Christian Loges	Skutt Catholic	4 - 2
135 Matt Katusin	Skutt Catholic	fall	Tracy Bowers	Iowa City West	1:53
140 Andy Hollins	Skutt Catholic	fall	Justin Koethe	Iowa City West	2:48
145 A.J. Bailey	Iowa City West	fall	Brian Bossert	Skutt Catholic	2:42
152 Dylan Carew	Iowa City West	fall	Eli Moseman	Skutt Catholic	0:52
160 Nick Moore	Iowa City West	fall	Ryan Leonardo	Skutt Catholic	0:27
171 Derek St John	Iowa City West	forfeit			
189 Derek Vogel	Skutt Catholic	technical fall	David Solis	Iowa City West	19 - 4 5:30
215 Jake Hasz	Skutt Catholic	fall	Matt Behnami	Iowa City West	5:32
285 Matt Kathol	Skutt Catholic	decision	Daniel Downing	Iowa City West	2 - 0
103 Jack Hathaway	Iowa City West	decision	Thomas Gilman	Skutt Catholic	4 - 2
112 Zach Cottle	Skutt Catholic	forfeit			

Team Result:	Iowa City West	over	Waverly Shellrock	36 - 25	
Individual Results:					Notes
125 Jordan Rinken	Waverly Shellrock	decision	Gradey Gambrall	Iowa City West	4 - 2
130 Garrett Hathaway	Iowa City West	decision	Luke Pint	Waverly Shellrock	14 - 7
135 Patrick Huff	Waverly Shellrock	decision	Tracy Bowers	Iowa City West	6 - 4
140 Jacob Ballweg	Waverly Shellrock	major decision	Justin Koethe	Iowa City West	11 - 3
145 Keelan Moore	Waverly Shellrock	fall	A.J. Bailey	Iowa City West	3:01
152 Dylan Carew	Iowa City West	decision	Anthony Walther	Waverly Shellrock	17 - 10
160 Nick Moore	Iowa City West	fall	Collin Heideman	Waverly Shellrock	0:59
171 Derek St John	Iowa City West	forfeit			
189 Berkley Strand	Iowa City West	fall	Roger Hoeper	Waverly Shellrock	0:20
215 Cody Krumwiede	Waverly Shellrock	fall	Dexter Curry	Iowa City West	3:23
285 Matt Behnami	Iowa City West	fall	Jordan Hoepfner	Waverly Shellrock	1:46
103 Jack Hathaway	Iowa City West	decision	Tanner Werner	Waverly Shellrock	6 - 0
112 Jon Skarda	Iowa City West	decision	Kolton Rottink	Waverly Shellrock	2 - 1
119 Eric DeVos	Waverly Shellrock	decision	Hunter St John	Iowa City West	8 - 2