



Iowa City West Trojan Wrestling News



From the Coach's Corner

By **Mark Reiland**

May 7, 2007

USA Wrestling's Northern Plains Junior Regional

Eleven members of the Trojan Wrestling family competed at the Northern Plains Junior Regional Tournament held in Waterloo, Iowa.

Junior Division:

- **Nate Moore (125)** placed 1st in Freestyle (4-0), qualifying to compete for Team Iowa at Junior National Tournament in Fargo, North Dakota.
- **Nick Moore (135)** placed 2nd in Freestyle (5-1).
- **Derek St John (145)** was 7-0 and placed 1st, qualifying to compete for Team Iowa at Junior National Tournament in Fargo, North Dakota.
- **Tyler Carew (145)** placed 2nd in Greco-Roman (2-1) and place 2nd in Freestyle (3-2), qualifying to compete for Team Iowa at Junior National Tournament in Fargo, North Dakota.
- **Brad Lower (160)** placed 1st in Greco-Roman (3-0) and place 1st in Freestyle, qualifying to compete for Team Iowa at Junior National Tournament in Fargo, North Dakota.
- **Jeremy Garvin (160)** placed 4th in Greco-Roman (2-2) and place 1st in Freestyle, qualifying to compete for Team Iowa at Junior National Tournament in Fargo, North Dakota.
- **Owen McKinley (160)** competed in Freestyle but did not place.
- **Evan Shaw (160)** competed in Freestyle but did not place.
- **Grant Gambrall (171)** was 5-0 and placed 1st, qualifying to compete for Team Iowa at Junior National Tournament in Fargo, North Dakota.
- **Matt Behnami (189)** competed in Greco-Roman and Freestyle but did not place.
- **Josh Teel (215)** competed in Greco-Roman and Freestyle but did not place.

Osage Freestyle

Two members of the Trojan Wrestling family competed at the Osage Freestyle Tournament.

- **AJ Bailey** won 3 matches on his way to the title in the Schoolboy Division. It was Bailey's 3rd title this freestyle season.
- **Brian Dahmen** was 1-1 in the Cadet division before he withdrew from the tournament with an injury.

Check out the new West High Wrestling Home page at www.icwestwrestling.com.