



# Iowa City West Trojan Wrestling News



From the Coach's Corner

**By Mark Reiland**

**April 23, 2007**

## **USA Wrestling's FILA Cadet National Championships**

Four members of the Trojan Wrestling family competed at the FILA Cadet National Championships in Akron, Ohio. This tournament featured some of the best wrestlers in the country. The four wrestlers earned 6 All American honors on the weekend with 2 All-Americans in Greco Roman and 4 All-Americans in Freestyle.

- **Dylan Carew (125)** placed 1<sup>st</sup> in Greco Roman and 5<sup>th</sup> in Freestyle, qualifying to compete for Team Iowa at Cadet National Tournament in Fargo, North Dakota.
- **Nick Moore (135)** placed 4<sup>th</sup> in Freestyle.
- **Derek St John (145)** placed 6<sup>th</sup> in Freestyle.
- **Grant Gambrall (171)** placed 3<sup>rd</sup> in Greco Roman and 2<sup>nd</sup> in Freestyle, qualifying to compete for Team Iowa at Junior National Tournament in Fargo, North Dakota.

## **Manchester Freestyle**

Three members of the Trojan Wrestling family competed at the Manchester Freestyle Tournament.

### **Cadet Division:**

- **John Alatalo** placed 3<sup>rd</sup>.

### **Schoolboy Division:**

- **AJ Bailey** placed 1<sup>st</sup>.
- **Sam Chalkley** competed but did not place.

## **Belle Plaine Freestyle**

Three members of the Trojan Wrestling family competed at the Belle Plaine Freestyle Tournament.

### **Cadet Division:**

- **Hunter St. John** competed but did not place.

### **Novice Division:**

- **Skyler St. John** placed 2<sup>nd</sup>.

*Check out the new West High Wrestling Home page at [www.icwestwrestling.com](http://www.icwestwrestling.com).*